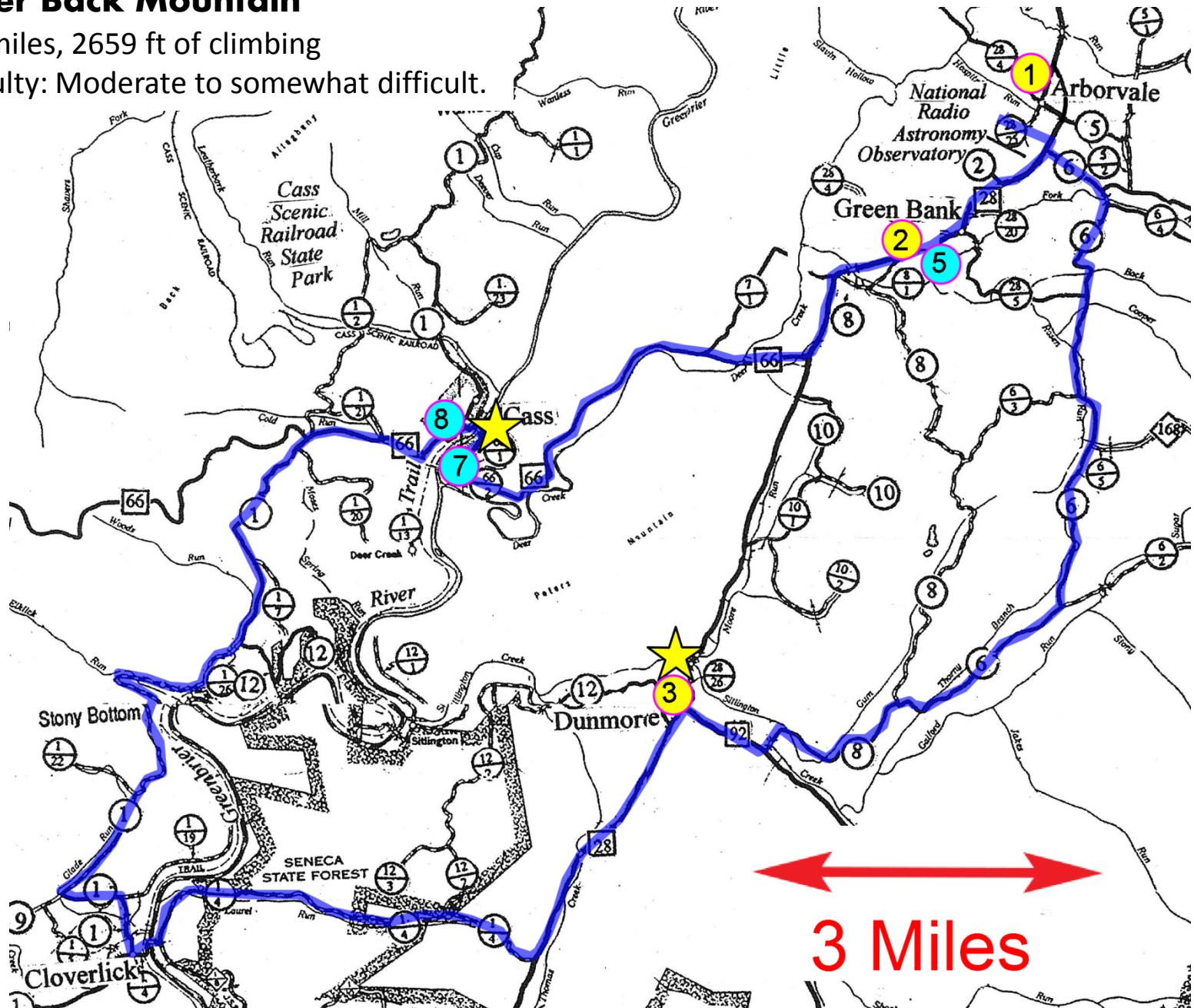


## Lower Back Mountain

32.8 miles, 2659 ft of climbing

Difficulty: Moderate to somewhat difficult.



## Saturday Group Ride

### Meet at the Science Center

Wind through country roads east of the NRAO, turn right onto highway 92N, left at the Dunmore Country Mart, then keep an eye out for the right hand turn onto Laurel Run Rd, climb through state forest land (on the road), descend and cross the Greenbrier River. Turn right immediately after the bridge in Cloverlick and climb back up to 66 and turn right to descend into Cass. Be careful riding the main road back to Green Bank.

Keep in mind that you will NOT have cell phone coverage at any point on these rides. If you need supplies or a break, visit one of the labeled locations.

If you need assistance, call the NRAO Science Center front desk at **304-456-2150**, and/or the Telescope Operator at **304-456-2341**.



Aid Station

### Sponsoring Stores:

- ① Trent's General Store
- ② Henry's Convenience Store
- ③ Dunmore Country Mart & Bakery

### Other Stores

- ⑤ Dollar General
- ⑦ Route 66 Outpost
- ⑧ Cass Company Store and Last Run Restaurant

